

# GC–MS Profiling of Bioactive Constituents in Navachara Kulambu: A Traditional Herbomineral Siddha Medicine

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## Abstract

Navachara Kulambu is a traditional Siddha herbomineral preparation used for the management of liver disorders, urinary tract infections, constipation and inflammatory conditions. In the present study, the ethanolic extract of Navachara Kulambu was subjected to Gas Chromatography–Mass Spectrometry (GC–MS) analysis to identify its bioactive phytoconstituents. The chromatogram revealed multiple peaks corresponding to pharmacologically important compounds, including 2-Carboxymethyl-3-methyl-cyclopentane carboxylic acid, Acetic acid, 3,3,6-trimethyl-4-oxo-3,4-dihydro-2H-pyran-2-yl ester, 1-Octene, 2-methoxy, 2-Propenamine, 3-(1-cyclohexenyl)-N-cyclohexyl, N-oxide, and 1,3,12-Nonadecatriene. These compounds are reported to possess antioxidant, anti-inflammatory, antimicrobial, and neuroprotective activities. The results provide a scientific basis for the medicinal use of Navachara Kulambu and support its potential for future pharmacological validation.

**Keywords:** Navachara Kulambu, Siddha medicine, herbomineral formulation, GC–MS, bioactive phytoconstituents.

## Introduction:

Siddha system of medicine, one of the oldest traditional systems practiced in South India, relies on both herbal and herbomineral preparations for therapeutic applications. Navachara Kulambu is a classical Siddha formulation prescribed for liver disorders, inflammatory diseases, and urinary tract infections. Despite its wide medicinal use, there is limited scientific validation of its phytochemical constituents.

Gas Chromatography–Mass Spectrometry (GC–MS) is a powerful analytical technique widely employed to identify volatile and semi-volatile bioactive compounds in complex formulations. By characterizing the phytoconstituents present in Navachara Kulambu, this study aims to provide insight into its pharmacological potential and scientific justification for its traditional therapeutic applications.

## Materials and Methods

### Preparation of Navachara Kulambu Extract

#### Ingredients:

- Purified Navacharam (Ammonium chloride)
- Kodikalli paal ( latex of Sarcostemma acidum)

#### Method of preparation :

• The Purified Navacharam is powdered and grind with Kodikalli Paal continuously for three hours. When the mixture attains a thick syrupy consistency, taken store in a container. The extract was prepared using methanol in Soxhlet apparatus and concentrated under reduced pressure.

#### Drug collection and authentication:

All ingredients of the drug were bought from reputed siddha drug store and authenticated at department of Gunapadam, Govt Siddha Medical College, Palayamkottai.

#### GC-MS Procedure

Gas chromatography (GC) analysis was carried out using Agilent 6890N gas chromatography equipped with photon multiplier tube as detector coupled to front injector type 1079. The chromatograph was fitted with HP 5 MS capillary column (30 m × 0.25 mm i.d., film thickness 0.25  $\mu$ m). The injector temperature was set at 250°C, and the oven temperature was initially at 70 °C hold for 4 mins then programmed to 200°C at the rate of 10°C/min and finally held at 200 °C for 13 min. Helium was used as a carrier gas with the flow rate of 1.5 ml/min. 0.2 microlitre of the Drugs PAS/UAS (diluted with methanol 1:10) were injected in the splitless mode. GC–mass spectrometry (GC–MS) analysis of sample was performed using Agilent gas chromatography equipped with JEOL GC MATE-II HR Mass Spectrometer. GC conditions were the same as reported for GC analysis and the same column was used. The mass spectrometer was operated in the electron impact mode at 70 eV. Ion source and transfer line temperature was kept at 250°C. The mass spectra were obtained by centroid scan of the mass range from 50 to 600 amu. The compounds were identified based on the comparison of their retention indices (RI), retention time (RT), mass spectra of WILEY, NIST library data of the GC-MS system and literature data (Adams, 2009).

#### Derivatization procedure:

For the crude ethanol extracts, a small amount of concentrated sample was taken in a separating funnel and shaken by adding water and ethyl acetate in the ratio of 1:4. The upper layer was collected and concentrated in rotary evaporator to about 1.5 ml. Added 100 $\mu$ l N, O-Bis(trimethylsilyl)trifluoroacetamide and trimethyl chlorosilane (BSTFA+TMCS) and 20 $\mu$ l pyridine and heated at 60°C for 30 minutes. For the layers which are separated from the crude extracts, a small amount of extract was taken and evaporated out totally. To this added acetonitrile and filtered into a conical flask. To the filtrate added 50 $\mu$ l BSTFA+TMCS and heated at 60°C in a water bath for 30 minutes. Filtered using 0.45 $\mu$  membrane filter to a vial.

## Results and Discussions:

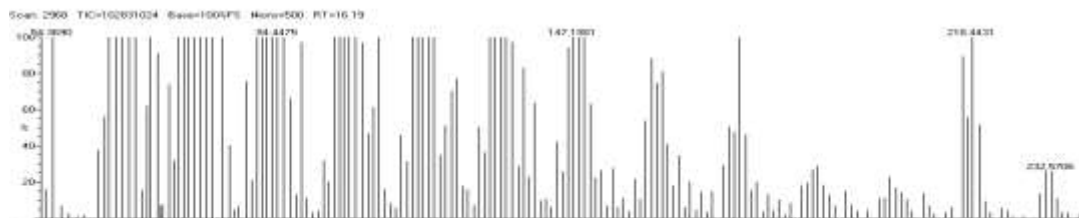
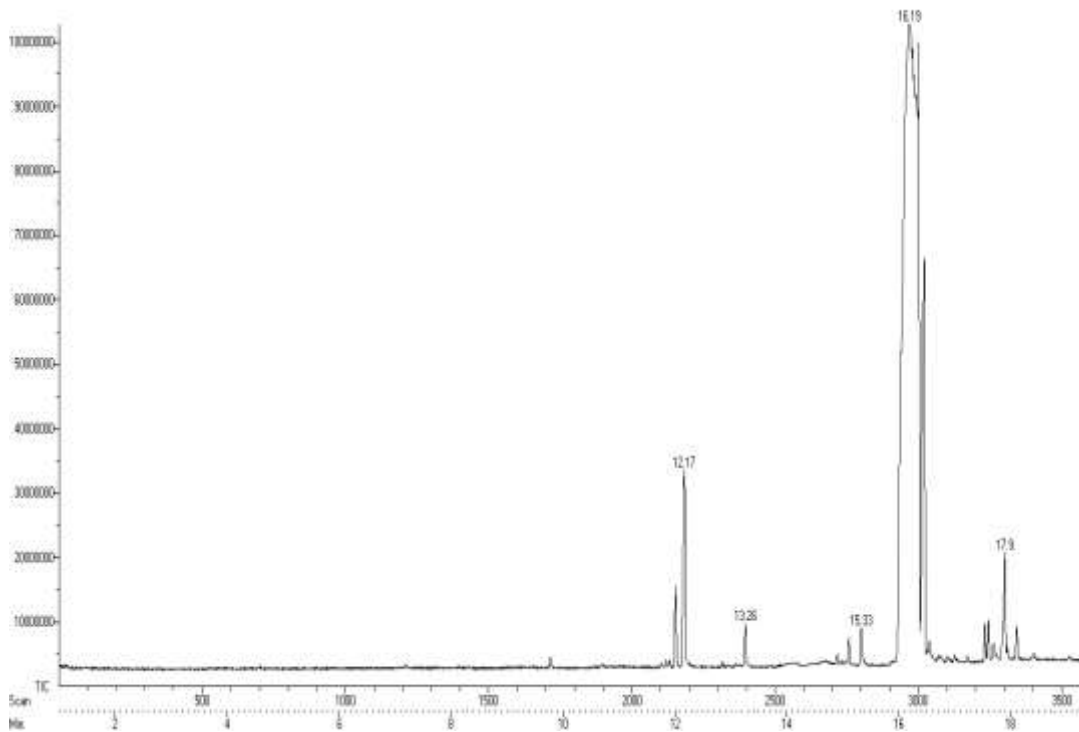
Gas chromatography mass spectroscopy analysis was carried out in crude extracts of the NK such as ethanol extract. The peaks in the chromatogram were integrated and were compared with the database of spectrum of known components stored in the GC-MS library. The detailed of GC-MS analysis of the extracts are given in figures.. Phytochemical analysis by GCMS analysis of the NK revealed the presence of different fatty acids, heterocyclic and phenolic compounds etc.

### Chromatographic Profile

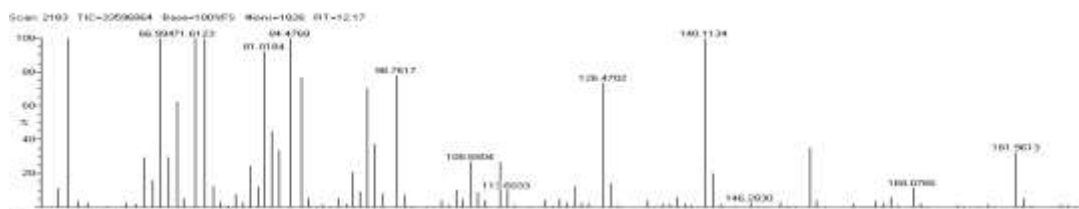
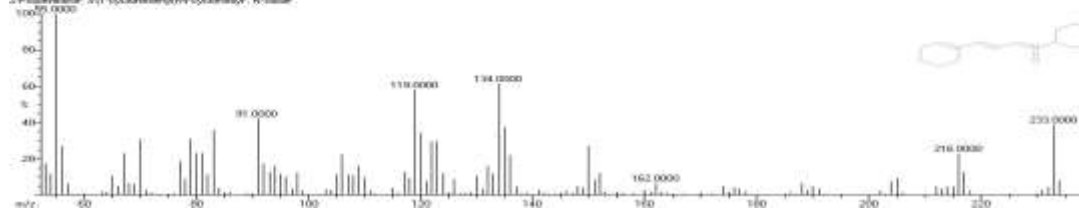
The GC–MS chromatogram of Navachara Kulambu revealed several prominent peaks at retention times 12.17, 13.26, 15.33, 16.19, and 17.9 min, indicating the presence of multiple phytoconstituents.

### Identified Compounds

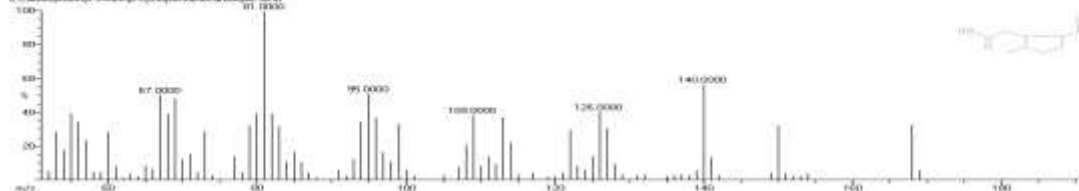
Retention Time (min)	Compound Name	Molecular Weight (g/mol)	Reported Biological Activity
12.17	2-Carboxymethyl-3-methyl-cyclopentane carboxylic acid	172	Anti-inflammatory, antioxidant
13.26	Acetic acid, 3,3,6-trimethyl-4-oxo-3,4-dihydro-2H-pyran-2-yl ester	168	Antibacterial, antifungal
15.33	1-Octene, 2-methoxy	142	Antioxidant, antimicrobial
16.19	2-Propenamine, 3-(1-cyclohexenyl)-N-cyclohexyl, N-oxide	233	Neuroactive, antimicrobial
17.90	1,3,12-Nonadecatriene	262	Antioxidant, anticancer, antimicrobial



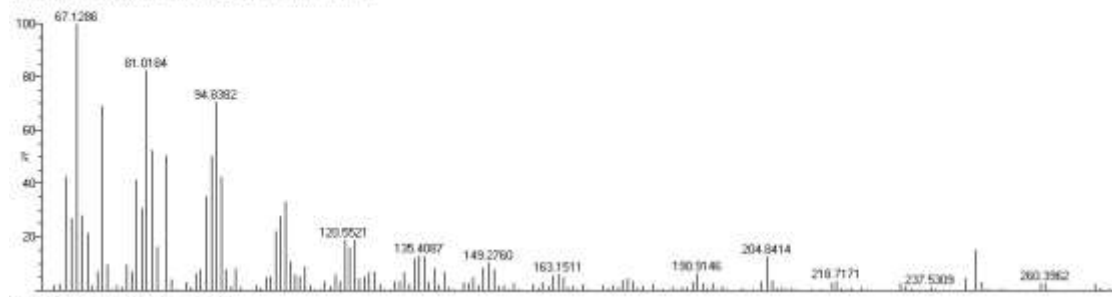
MS1 MS 4 of 40 (DBH 16247) Norm=193



MS1 MS 1 of 40 (DBH 16247) Norm=107

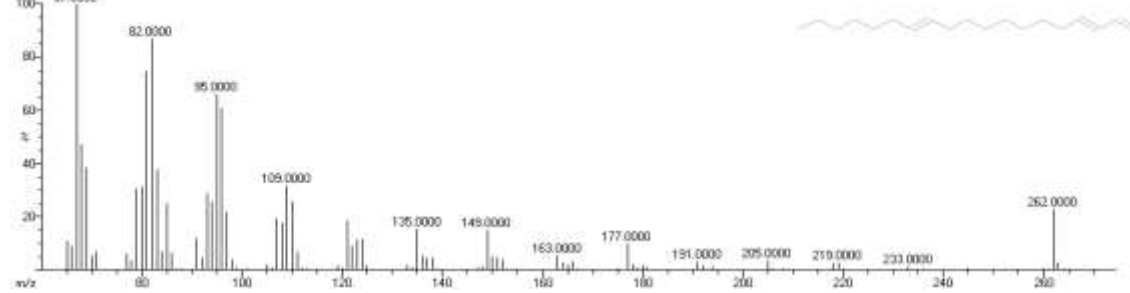


Scan 3302 TIC=20027376 Base=96.1375 Mono=1513 RT=17.9

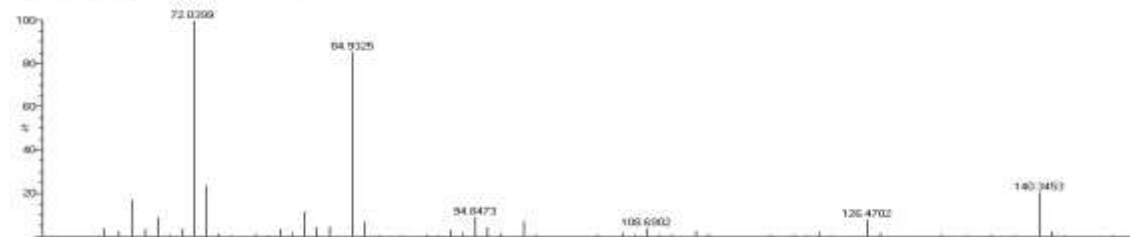


NIST MS 5 of 40 (DB# 25903) Mono=204

1,1,12-Trichloroethane

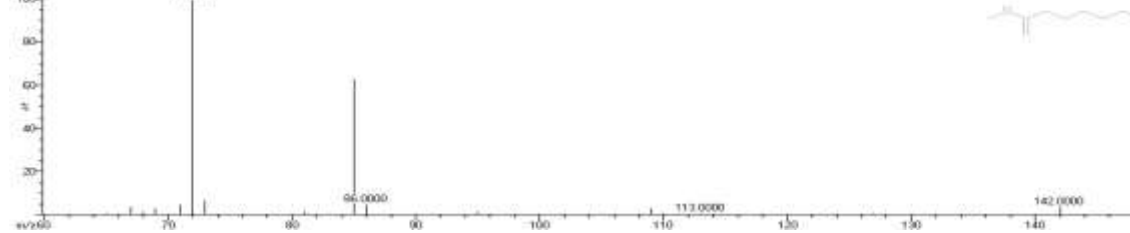


Scan 2801 TIC=9016256 Base=100.075 Mono=1842 RT=15.33

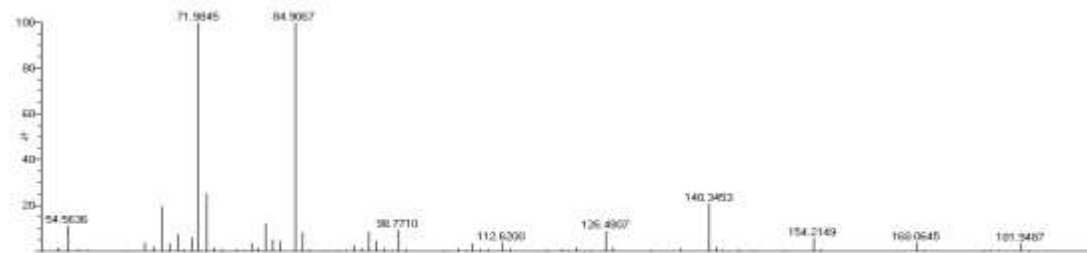


NIST MS 1 of 40 (42367-31-7) Mono=32

1-Octene, 2-methyl-

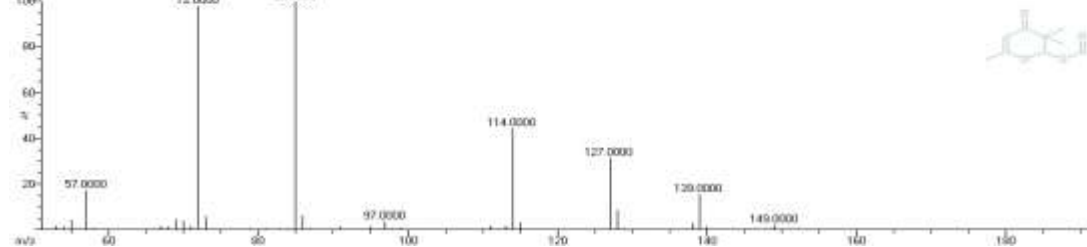


Scan 2395 TIC=9679008 Base=100.175 Mono=1748 RT=13.26



NIST MS 3 of 40 (DB# 41093) Mono=93

Acetic acid, 3,3,5-trimethyl-4-oxo-3,4-dihydro-2H-pyran-2-yl methyl



The GC–MS analysis of Navachara Kulambu demonstrated the presence of bioactive compounds with potential therapeutic effects. Fatty acid derivatives and esters identified are known for their antioxidant and antimicrobial roles, which may contribute to its use in treating inflammatory and infectious conditions. The presence of 1,3,12-Nonadecatriene, with reported anticancer and antimicrobial properties, highlights the pharmacological richness of the formulation. The herbomineral nature of the preparation further suggests possible synergistic effects between phytoconstituents and mineral components, enhancing bioavailability and therapeutic efficacy. These results provide a preliminary chemical profile supporting the Siddha claim of Navachara Kulambu as a potent medicine for ocular and systemic diseases.

## Conclusion:

Navachara Kulambu, a traditional Siddha herbomineral preparation, contains multiple bioactive phytoconstituents as confirmed by GC–MS analysis. The GCMS analysis of various compounds from NK extracts was performed using JEOL GC-Mate-II with HP- 5 capillary column and typical total ion chromatograms (TIC) of each sample were given in fig. . The comparison of the mass spectrums with the data base gave more than 90% match as well as confirmatory compound structure match. The GCMS analysis of the concentrated ethanol extract resulted many compounds which have diverse in use. The concentrated ethanol extract contains a variety of fatty acids and derivative compounds. The identified compounds exhibit antioxidant, antimicrobial, and anti-inflammatory activities, justifying its ethnomedicinal use. Further in vitro and in vivo studies are required to validate its pharmacological potential and safety for clinical applications.

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