

# A constructive and emotional approach to Human Altruism

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**Introduction:** *This* is an Act of Creation. It was Incredible. Designing of the Universe, weaving every Galaxy in cosmos and shaping the nature, the life of celestial bodies ,millions of creatures ,reptiles and animals , recalled all the souls surviving under his shade in this sphere of life .It was the beginning of birth cycle of a creature with body ,brain and beauty,. “Lo.It’s a replica of my own self”.. said **God** to himself --One of the finest piece of art -- divine and appending to all cheerful hearts - absolutely unique yet eternal in nature The secret of existence of first creature on earth The “**Abiogenesis**” and the theory of **Panspermia**, - The seven theories of origin of man- The transition of life from Microbes to modern man evidently recorded in the pages of history, science, theology, philosophy and politics giving it a form to state the “**Advancements**” of man.

**Glory of Man:** History highlights the Glory of Man. his achievements, defeat and Oppression. Science proves Man’s capabilities and exemplifies intellectual development. Theology deals with the traditional thinking process of man and the spiritual aspects. Philosophy and politics give Man a Position and Status in life thus recognising his “inner potential” to the highest degree of consciousness. These can be nothing beyond. It’s a remarkable change. All the development, Glory and Beauty turns blue (in the modern era) There is a drastical change in the History, Science, Philosophy and in all the known subjects that made man a “Gigantic figure of energy and excellence” now in the modern, developed scientific world of expansion- The globalised world turns to a simple machine with a bent of knowledge and wisdom. An object of beauty without life, scholar devoid of intellect, human without feelings or emotions and an artless painting- God himself is said to have enlightened Man in ancient times..in all faiths about the Life of Man ,The Soul- Athma ,as we Indians call it-Eternal and beyond death.. the most wise approach of creator impacts and effects the lives of every other species - Posing a challenge to the very existence and life of everyone on Earth.

Its difficult to survive around the so called **Academic nobility** very *Well liked* because their popularity is sometimes thought to be vainglorious ,presumptuous and self assured.The admiration for Technology and expansion of the Social media made man Avaricious .Every Newspaper ,A radio or television program or a demonstration demands Creativity and some Innovation where participants fail to allocate time or well planned Schedule to probe into any issue .Everyone wants Name and Fame but not responsibility or hardwork enough to attain a level of success in life. We heard of Gandhiji’s saying on “Time-Bound India ” in his essay ,**Playing the English Gentlemen** to emphasise the management of Time, motivating every Indian to practise the Management of Time and health to be Successful ever in life.

We often read about Common Man turning to “**Celebrity overnight** ”in Newspapers and Magazines highlighting their one Single Achievement in Three to four pages. The readers are always inclined to read their Success stories like an Epic-Poem but they cannot estimate the struggle behind the Success of Every Great Personality.The works lives of Geniuses, Celebrities and Maestros are often ignored and recognised later. Many great Scientists, Musicians, Writers, Artists who sacrificed their lives for the development of Society are recognised by the government and awarded for their work in respective fields posthumously. As Albert Einstein expressed his views on Mahatma Gandhiji, Father of India, “**Generations to come will scarce believe that such a one as this ever in flesh and blood walked upon this earth.** The future generations may not even be aware of Albert Einstein, Aristotle, Socrates, Shakespeare ,Rabindranath Tagore, Jhansi lakshmi, Stephen Hawking or Sudha chandran ,Ms Subba lakshmi, Abdul kalam and the accomplishments of many legends whose contribution to various fields of study remain significant till today. Indian culture and Heritage phenomenally focuses on the rich tradition of lives of many Sages propagating much about Science, Politics, Arts and Beauty. Ayurveda, Yoga, Philosophy, Astrology, Biology ,Sociology , mythology Natyasastra, Music and many other arts and sciences flourished in the soil which has now become an ancient source of knowledge Worldwide. Many school going children were taught Ethics ,Meditation, Healthy practices like Respecting elders ,morals and values of the society by the parents at home a generation ago. Now, we have these subjects in schools only to be taught by teachers as a special course!. None of the students, except a set of studious lot are seen to be reading books in libraries or in colleges .The age old practices, habits, morals or ethics served as a pathway to ancient and medieval Indian people now stands neglected and forgotten by youth.

Every girl child welcomed as a goddess on earth and brought up sentimentally by our ancestors is treated as an unwanted creature, an obstacle for their freedom and dignity in the modern society. Man could not drive away discrimination, inequality and injustice from the Society even after 75 years of our freedom. Application of Constitutional methods and law in reality turns Strenuous. No Law protects us from reality without struggle and proof. This is the way of the world .We cannot be assured of our safety and security among people, the masses, the educated democratic society and also on roads .we cannot work freely, talk freely or live freely without the support of the society depending on the bulkiest and the longest written constitution and law in the country. We notice every Newspaper filled with atrocities, molesting women and many kids observing misbehaviour, harassments and sexual violence.

Do we call it development? Is it progress? Or an advancement- From the **freedom struggle** to the **Nirbhaya case**, from the **Disha case** to the very recent **protest on Angipath in Hyderabad city, Telangana**, nothing has changed. The position of Indian youth and women in the society remains the same..The women Empowerment and freedom struggle are the historical and philosophical aspects only to be read in books. We all had great souls and powerful feet who inspired millions of people by their lives leaving a mark as Henry Longfellow remarked: Lives of great men all remind us, We can make our lives sublime, And, departing, leave behind us “Footprints on the sands of time”; for us to follow. We read , Milles Urey who proposed Extra terrestrial

Origin of Earth, Charles Darwin describing the discovery of life, Origin and Evolution of Man and other species on earth. But how does man and his actions pose a threat to society- Infact human actions endanger several species- The biodiversity, the flora the fauna and the aquatic world- Do we call it Maturity? Creativity and skills? Its infact a Mission to turn the Mother- the Abode- the creation upside down- Burning the “Breath of Life” to Ashes- Is it Life? Genesis- Abiogenesis and cell structures- The very long theories and calculations describing the life span of Man- A Hundred years of- created two hundred million years of solitude- Its an era of destruction not creation- Where has the history led us? What did Biology, Zoology and origin of life teach us? What preachings enlighten us? What Mathematics made us? Is there a soul, a Mystic or a prophet on Earth to define and answer Creator’s creation or the intentions behind the magic of Life?- The unanswered questions of “Why are we here” pricks the mind of every man. Yet are we bothered about “Life” and other species on Earth, amidst our Busy Schedules?

The five elements of Life- traditionally called “Pancha bhootas”- (Air, Water, Fire, Sky, Earth) the elements the are responsible for the life to happens on earth? Do we respect the Bio-Diversity? The theories written and published in books, the Lectures, Demonstrations, Movements and Government schemes- Do they benefit the Nature, to preserve the entire species on Earth? Is the language or communication comprehended by every species on Earth – Does it connect us to the world around us? Effective communication occurs when we interact with each other. Does it help in interacting with the species on earth to proudly call ourselves- A developed animal with speech and thought. ‘Nature’ being the Mother and Life on Earth beautifully dreams of every species created thus. Why does a Man alone have Media? To capture the celebrations of every change in the body that happens naturally to every animal on earth. The physical and biological changes of Man are captured and preserved in albums, Newspapers, Museums and Media. But do we extend our hands in bringing up the starving species to lives at our homes?

The endangered species and animals about to become extinct are a “News Items” for us. Does a common man bother to give shelter to a helpless bird as stories tell us? We have several Organisations Associations, Parks and Sanctuaries for Amusement and treated as a favourite passtime for human beings. Yet we fight for the rights, freedom and survival. Man always wants to be free and Luxuriously live like a King. But do we ever think-What we are craving for? Freedom from life or Freedom from Nature? Its been Millions of Years –Man moved away from Nature. What are we Conscious of? What education did we attain? A Paper only to be thrown into Dust and burnt into ashes after use, now becomes an object of Concern and livelihood for us.

We know “Civilisation began with Culture. Our tradition of Praying the Source of Light—Sun as God in the beginning “Diva” and “Divakara”. the Divine source of Bright Light and Heat on the planet illuminated our souls and has been a guiding path for us. Millions or trillions of years ago, we offered Prayers to every stone, every tree, every possible creature on earth –respecting its existence and connecting human emotions to the Nature and species around us. As the civilisations changed and took a definite shape our cultures transformed. We began a definite g from nomadic culture to modern Sedentary living where everything became Automatic. Now, we demand a separation—Going away from all these practices—calling ourselves Sophisticated literates - pedowerful and globalised people. What kind of Globalisation do we demand? when the globe is still under the danger of Global warming?

What kind of essays demonstrations and events help us in removing these Effects? We still offer prayers to Invisible Gods to fulfil our desires and call ourselves -Most modern species –with older Idiotic thoughts of selfishness, Greed and unconscious deeds. Are we developed?

Our culture is unique with different modes of Expression –Literature, Music, art and dance basically govern our bodies, mind and heart. Are we heartfully playing them ---promoting them? Or are we Commercialising our culture too? There is no end to the creativity nor Greed of Man. We destruct forests, construct building endanger certain species for our own material needs ---We crave for money, food and beauty..enjoying material comforts like having a luxurious home, car..and going out to parties while millions of poor people starve on roads –unplanned income, disorganised powerstructures, hypocritic people and corrupted policies. We protest against the government for being unjust. Is a Man just in his Mind, Heart and Body? Is he free from desires? Even Gautama is said to be a king ruling with his family and children. The Eight fold path -The Astanga Marga :The Enlightenment of Man ..that motivated generations to come..now fails to motivate the Educated elite and even uprise the ignorant people who carry a “Torch on head to Dark continent” like Hieun tsang in an anecdote to enlighten them! Do we now call ourselves civilised? And ours Civilisation?

The Marriage-Union of minds-the highest rite of union of souls.and legitimate moral relationship is now degraded into a contractual celebration where the society leads the couple. Indian code of conduct that unites the hearts fulfilling “Seven Vows” has now become an agreement between two families who exchange their properties as an export or import activities of goods and services-Its no longer a union of souls nor “Marriage of minds” as Shakespeare and many other writers define it. The eastern tradition inspired the western countries bringing a sense of Nationality and oneness among the divergent cultures-It was long ago.

In the modern era, everything is commercial and no scope of oneness-A concept that only says “Am the One, I am the Only One”. The rapid technological advancements, Scientific and Mathematical principles that quote Aristotle’s Philosophy and theories—A **Polymath** who also proposed **Metaphysical theory. George Leimatre** whose proposal of Big bang theory provides the most important evidence in support of Human life on earth. This theory of Belgian astronomer shook the scientific world driving all the dark, clueless people to Light. If one intensely examines and delve into the theory of “Big bang” we come across a similar theory mentioned in Rigveda around 3000BCE -The “**Brahmandavispotak**”. A Theory of creation recorded by an eminent seer, great Prajapathi Parameshti who questioned the Creation of Universe in his treatise “*Nasadiya Suktha*” Was the universe created Inside or outside? and he is said to have composed a hymn on **the creation of universe**. His contribution to the Scientific world will be ignored by generations unless an effort is made to preserve and propagate them. The James Webspase Telescope (JWST) launched in 2021, analyses the theory inquisitively even now. Furthermore, reading Alfred Wegner-who put forward his views on “**The Continental drift**” theory in the 20<sup>th</sup> century still stands alive in the minds of millions. Wegner’s supposition demonstrating the biological and geological similarities between continents can never be replaced. An ardent lover of books shall never forget nor ignore these prominent beneficence of the sages or of the scientists’ sacrifice their valuable time and Energy for the advancements..

There is no code of Conduct that can Control the Character and regulate the Senseless behaviour of Practical People protesting on the Streets, Roads, Parks and Demonstrations lecturing on various themes. Much has been said about the Progress and success of life by many but none has been implemented so far. Indian culture respects paying homage to “Gurus” -**Acharya** giving them Honour and recognising their presence in every field and encourage them with titles. We listen to the Stories and Anecdotes of our Sacred texts with utmost enthusiasm rendered to us by Prophets themselves believed to be Gods on Earth. But Does that faith continue to influence our lives as our **Acharya** did in his life? According to Indians, Acharya is said to be a practitioner of words and deeds.

We listen to Radios, watch TV shows, read books, magazines, journals, participate in competitions, win prizes and secure good positions in the society. Now-a-days it turned easy to become “**Popular**” and attain the status of “**Celebrity**” without much difficulty and hardship as our forefathers had. Do we fail to realise the scope and importance of life itself? Are we neglecting the sacred Gift of Life given by the Almighty? If one wants to preach and teach a modern man, the respect and dignity of life he might have to face the expression: “Hey you move away from here. We are too busy to listen to you because we have no Time”. Time that directs and guides the soul now becomes an Obstacle to development Overtime. What times are we in? What development do we Expect in our times? Is there an answer to our Quest? Not a perfect one Let us go back to those days where we learnt our lessons in the form of Rhymes like:

*“Row Row, Row your boat;*

*Gently down the stream;*

*Merrily, Merrily, Merrily, Merrily, Life is but a dream;*

As a child, we were only taught the rhyme like a lyric but as we grow, we begin to understand that we must always keep going no matter how many difficulties arise in our lives! We must also learn to be positive in life because Life is always happy as a dream..

We inherit our bodies and genes from our forefathers by birth. Let us comprehend the concept of reality -our thoughts on Power and Social stratification that devised the minds of ignorant men rhythmically.

*“One” single planet with “Two” divergent thoughts-- western and Eastern thought with “Three” different structural bodies-- Religion, Science and Politics ruling the World in “Four” different ways--Psychological, Ideological, Philosophical and Social -to obtain five elements—Earth, Water, Fire, Wind and Space. The “Six” unique characteristics of Man to complete the “Seven” stages of Life.*

This Number rhyme counts the history of Man in **seven** different Worlds. The two modes of expression of man namely “Literature” and “Music” shaped the World arousing the emotional and aesthetic sense of Man determining the status of Man, the society, the values and Ethics distinguishing himself from all the creatures. **Shakespeare**, an Inspiring Literary figure depicts “Life “in **seven** ages--from infancy to very old age; **Sarjadeva** explains the significance of articulation of Musical notes into the life of man in seven octaves to bring peace, glory and health. The Marriage of two minds is the Union of hearts fulfilling “Seven a sense of “Nationality “and “oneness” among the divergent cultures. However, all the theories fail to “educate” man of the “Inner development” and “Outer world”.

***Fortune and glass soon break, Alas!***

The transition from “pre-historic” social “animal to “civilized “and “Educated” man has proven to be “a brutal version of business” resulting in global economic breakdown and bloodshed turning away from ‘Hope’. The shift in human values turned against the “Sophisticated being of Excellence” propelling all the creatures from Paradise to Pandemonium. It’s the time to realize that Human being is not just a “Body of Bones “devoid of feelings and emotions nor a Genome wearing Jeans being a Destructive force to terminate the Lives on the Planet that began with “Microbes” with a resolution in the same extremity generating new Viruses and Microorganisms, smashing the “Sphere of life” to pieces.

***Conclusion:***

I wish to conclude by saying :Let us create new consciousness among people to transform our Mother Earth to a Golden pot again.