# **Boosting Health Services**

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### Abstract

#### Background

The article has been written emphasizing to boost health approaches in the remote section of the society Source of this writing hails through the work hands that has been involved in promoting health stability and the direction to maximize the possibilities of health sources for better quality.

This report emphasis on the health challenges and the solutions the author inscribed during refractory period, the approaches that can be manifested with vigilance holding confidence and trust in sensitive areas with individual and team effort. The ultimate goals of comprehensive services that can be extended to the community by their involvement Case Description

The technique applied is Descriptive .The comprehensive care or the holistic care when calibrated in a directional flow, the emphasised aim, goals pertaining to health restoration, planning, management and administration is possible with a positive outlook and persistent advancement

Clinical Significance

Applicable to the vulnerable section of the society as these are the basic health needs that has to be emphasised to meet the health goals that can be extended and flourished to advanced health services with specific health services.Managed care is a broad term to describe strategies .However, the outcome of health services survives solely on the management process

### Background

Provision of health has always been a challenging factor in terms of acquisition of sufficient medical aid to the people. It is true that the health system moves at a rotatory speed in city. When we consider the health system at the village and tribal areas the approach at the grassroots has to be strengthened. That's a known fact but the blind folded health system requires a rejuvenation that can scaffold the vulnerable people.

### **Case Report**

### a. Approach to Health

The application and implementation requires care full planning as these are sensitive areas of health. Understanding them, develop feeling of belonging and acceptance, ear to listen and taking them into confidence allows safe movement of the health team and implementing health services becomes easier.

Working in the village and tribal setup is not an easy task you deal with plenty of challenges on your way to health Overcoming those is like kindling millions of threads together, this includes safety of health team members and provision of basic needs and amenities and evacuation during emergency needs .The believes, practices of communities might be strange for others, however it's the team that has to

- Focus only on the health requirement
- Establish the foundation
- Build the concern for health focusing on specific health need or holistic health need where the ultimate goal has to be a comprehensive health care, at an affordable cost and acceptable to them.

At times health becomes more affordable when it is supported or funded financially from an outside source, this allows delivery of health services free of cost to the underprivileged community. As we know that in order to value the health services delivered a reasonable cost will always strengthen the responsibility of patients enrolled. On a high priority it has to be intruded among the members of the health team that the services provided should be on open grounds and should not discriminate any patients based on caste, creed, race and sex.

## b. Community Involvement

Involving the people of the community in delivering the health services is always considered on a better note, ironically the challenge here arises is the misconception that they can spread so, it's a must that the person involved should be clear of the role they do and propagate the health action equally, without any discrimination. Being one among them is challenging as they have their own superstitious beliefs, it's better to ignore and outcast from the source that hinders the health action plan and treat them on human grounds. Holistically and solicically the renowed characteristics that embraces, modifies, reincarnates, distinguishes the plan of action solely depends on the objectives set and with evolution of health demand the approach to health services are simplified and aligned systematically giving a new phase to the expansion of community / public health. **Discussion** 

The major focus of health services in these area are

- Mother and Child Health
- Birth Control Measures (Contraceptives)
- Nutrition
- Safe water supply and Sanitation
- Vaccination
- Medical Care
- Mental Health

Persisting advancement and improved health condition will assure in renewing the mindset, as the people will testify facts, that they go through and realize the benefits that has been brought to them.

Managed care directs the promotion of health, health education and responsible self-care. Early identification of disease determines quick action for assessment, treatment planning, linking, advocacy and monitoring.

### References

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