

# International Journal of Scientific Development and Research

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**Rituaj Verma**

In recognition of the publication of the paper entitled  
**Effect of Tabata Protocol on Resting Blood Lactate in Early Diagnosed Type-2 Diabetic Adults: A Preliminary Investigation**

Published in Volume 10 Issue 8, August-2025, | Impact Factor: 9.15 by Google Scholar

Co-Authors - Dr. Sandeep Kumar Shukla, Dr. Rahul Gupta, Dr. Vikas Verma (PT)

Paper ID - IJSDR2508031  
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